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Blenheim Backs Coronavirus Online Help Hub

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Blenheim is supporting a West Oxfordshire online service that is being created to offer support along with practical advice and guidance for individuals who find themselves isolated as a result of the Covid-19 Coronavirus.

<u>The Help Hub</u> has been set up by Ruth Chaloner and is a free, online service offering emotional and practical help for both medically at risk and older people who have either chosen or been instructed to self-isolate.

"We are a group of people who believe that it's important to bring people together during a crisis like this and ensure the more vulnerable members of our community feel that they have help where needed and support in what is an anxious time for all of us," said Ruth.

"We aim to provide a free service for as many people as possible by listening, supporting and helping where we can. Blenheim have been exceptional in their support. Without them, this service would not be possible" she added.

Ruth, along with a team of fellow volunteer therapists and individuals, will offer their time for free 15 - 20-minute support and help sessions for residents across West Oxford via Skype, FaceTime or phone.

The Help Hub website, designed by Blenheim's Innovation Team, has been created with the potential to be "templated" to allow it to be easily replicated throughout the country,

should groups of volunteers wish to provide this service in other cities and regions.

In addition to building and hosting The Help Hub website, Blenheim is also calling on more qualified/trainee therapists and individuals to offer their support and expertise to Ruth and her team of volunteers.

"We strongly believe in the power of groups like the one Ruth has set up. It will become increasingly important, as this virus spreads, to provide compassionate help and support for people who may otherwise become isolated from their families and community," said Dominic Hare, CEO Blenheim

"One of our commitments is to help build strong and resilient communities and these types of endeavours highlight how much good work is being done by individuals and small groups who want to improve the lives of others,"

"We're pleased to be able to offer our support and would urge potential volunteers to also see what they can do to help," he added.

As its name suggests the online clinic will act as a hub providing advice, a compassionate point of contact as well as practical support. In the weeks to come, people will need signposting to services such as lifts to the hospital, people to collect medication and information on what local resources are available.

To find out more about the Help Hub and to support its work visit
www.thehelphub.co.uk

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